

September 2020

READING PRIMARY AND INTERMEDIATE MENU

K-5

In Addition to Printed Menu,
Alternative Fresh Fruits and
Veggies are Offered Daily!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chicken Patty on Bun Broccoli Florets Cheddar GoldFish Fresh Apple</p>	<p>1 Beef & Cheese Nacho Plate ✓ Refried Beans ✓ Cinnamon Applesauce</p>	<p>2 Soft Pretzel with Cheese Sauce GoGurt ✓ Baby Carrots ✓ Pears</p>	<p>3 French Toast Sticks ✓ Hashbrown Patty ✓ 100% Orange Juice</p>	<p>4 Breaded Mozzarella Cheese Sticks ✓ Marinara Sauce Sweet Corn ✓ Mixed Fruit</p>
<p>7 </p>	<p>8 Chicken Nuggets Mashed Potatoes Whole Grain Dinner Roll ✓ Strawberry Cup</p>	<p>9 Hot Dog on Bun ✓ Baked Beans Baked Chips ✓ Pineapple</p>	<p>10 Wild Mike's Cheesy Bites ✓ Romaine Salad ✓ Peaches</p>	<p>11 Mini Corn Dogs ✓ Green Beans Corn Muffin Fresh Apple</p>
This Institution is an equal opportunity provider.				
<p>14 Chicken Patty ✓ Broccoli Florets Cheddar Goldfish Fresh Apple</p>	<p>15 Beef & Cheese Nacho Plate ✓ Refried Beans ✓ Cinnamon Applesauce</p>	<p>16 Soft Pretzel with Cheese Sauce GoGurt ✓ Baby Carrots ✓ Pears</p>	<p>17 French Toast Sticks ✓ Hashbrown Patty ✓ 100% Orange Juice</p>	<p>18 Breaded Mozzarella Cheese Sticks ✓ Marinara Sauce Sweet Corn ✓ Mixed Fruit</p>
Please find carbohydrate counts on our school web site interactive menu				
<p>21 Cheeseburger on Bun ✓ Potato Smiles ✓ Carrot Sticks ✓ Orange Wedges</p>	<p>22 Chicken Nuggets Mashed Potatoes Whole Grain Dinner Roll ✓ Strawberry Cup</p>	<p>23 Hot Dog on Bun ✓ Baked Beans Baked Chips ✓ Pineapple</p>	<p>24 Wild Mike's Cheesy Bites ✓ Romaine Salad ✓ Peaches</p>	<p>25 Mini Corn Dogs ✓ Green Beans Corn Muffin Fresh Apple</p>
<p>28 Chicken Patty ✓ Broccoli Florets Cheddar Goldfish Fresh Apple</p>	<p>29 Beef & Cheese Nacho Plate ✓ Refried Beans ✓ Cinnamon Applesauce</p>	<p>30 Soft Pretzel with Cheese Sauce GoGurt ✓ Baby Carrots ✓ Pears</p>	<div style="display: flex; justify-content: space-around;"> <div style="border: 1px dashed black; padding: 5px; width: 45%;"> <p><i>What Makes a Lunch</i> Select 3-5 Components</p> </div> <div style="border: 1px dashed black; padding: 5px; width: 45%;"> <p><i>What makes a Great Breakfast</i> Select at least 3 items!</p> </div> </div>	

Ice Cold Milk
offered Daily:
1% White
Chocolate
FF Strawberry



3 of 5 items must be
selected to create a lunch,
1 item must be fruit or a
vegetable to qualify as a
Free or Reduced meal.
Menu subject to change

We offer a variety of a la carte
Smart Snacks, and all are
compliant items to assure
adequate nutrition for all
students and staff.

eZPay

Meal Fees
[Click Here](#)